

My Superhero Moment

Transforming Smile, Transforming Life

*I am thrilled to share my **“SUPERHERO MOMENT”** – a case that truly tested my skills and reminded me why I chose dentistry.*

INTRODUCTION

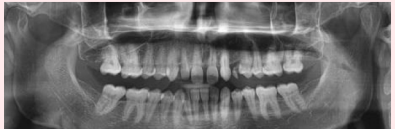
A 34-year-old male patient came to my Dental Clinic to improve his smile within a short period of 10 days because his marriage was approaching. He had previously seen several dentists, all of whom recommended orthodontic treatment. However, this approach required a lengthy period to achieve the desired results – time he could not spare.

His chief complaint was the spacing in the upper front tooth region and malpositioned teeth which resulted in poor smile aesthetics, difficulty in pronouncing certain words and lack of confidence to smile.

A comprehensive treatment plan was developed at my Dental Clinic including Prosthodontic treatment and Cosmetic treatment.



Preoperative photograph



An Orthopantomogram [OPG] revealed a retained 53 and missing 22

Impression taken and Study models



ANALYSIS OF STUDY MODEL

- * Midline diastema measuring about 2mm
- * Peg lateral in relation to 12
- * Crossbite in relation to 12 and 42
- * 22 missing
- * Mesiobuccal rotation in relation to 24
- * Generalised Spacing in the upper anterior region

TREATMENT PLAN

- * Extraction of upper left deciduous canine
- * Zirconia bridge in relation to 22, 23, 24
- * Zirconia crown in relation to 12
- * Midline diastema closure using light cure composite
- * Enameloplasty

- ## Study model after tooth preparation



After delivering Zirconia Bridge & Crown



After Midline Diastema Closure



Conclusion

The transformation was incredible – not just physically, but emotionally. The patient left the clinic beaming, saying it was the first time he smiled confidently in years. It was a deeply fulfilling experience that reminded me how impactful our work as a dental professional can be.

A beautiful smile is more than just aesthetics; it boosts confidence, health, and happiness, and this is made possible through the art and science of smile makeover.



Figure 1 Before



Figure 2 After